

Intake Form—Children and Adolescents (<18)

PATIENT INFORMATION

Full Name (First, MI, Last): _____ Sex: Male ___ Female ___

Address: _____ Birthdate: _____

City: _____ State: _____ Zip: _____ Soc. Sec.# _____ - _____ - _____

Home Phone: _____ Cell: _____ Work: _____

Grade Level: _____ Name of School: _____

How did you find Dr. Ward? (Phonebook, Website, Friend/Family, Referred, Other)

If referred, by whom? _____

RESPONSIBLE PARTY (If Minor) OR EMERGENCY CONTACT

Full Name: _____ Home Phone: _____

Address: _____ Cell or Work Phone: _____

City: _____ State: _____ Zip: _____

Relationship to Patient: _____

INSURANCE COMPANY INFORMATION – POLICY HOLDER

Name of Insurance: _____ Contact # for Insurance: _____

First Name: _____ MI: _____ Last Name: _____

Address: _____ Home Phone: _____

City: _____ State: _____ Zip: _____ Work/Cell Phone: _____

Birthdate: _____ SS#: _____ - _____ - _____ Sex: Male ___ Female ___

What is your relationship to the policy holder? Spouse ___ Child ___ Self ___ Other ___

Employers Name: _____ Is this your employer's health plan? Yes ___ No ___

Is your signature on file? _____ Will this be covered by an EAP program? Yes ___ No ___

EAP contact name: _____ . What is your EAP Authorization Number? _____

If there is another Health Benefit Plan, please complete another intake form and write "Secondary Insurer" on the top of the form.

AUTHORIZATION SIGNATURES (insured's or other authorized persons)

I authorize the release of any medical or other information necessary to process this claim. I also request payment of government benefits either to myself or to the party below.

I authorize payment of medical benefits to the undersigned physician or supplier for services.

Signed: _____ Date: _____ Signed: _____ Date: _____

Please Complete This Form as Thoroughly as Possible

Primary reason(s) for seeking services:

Anger management Anxiety Coping Depression
 Eating disorder Fear/phobias Mental confusion Sexual concerns
 Sleeping problems Addictive behaviors Alcohol/drugs Hyperactivity
 Other mental health concerns (specify): _____

What are your goals for the child's therapy? _____

What family involvement would you like to see in the therapy? _____

Do you believe the child is suicidal at this time? _____ Yes _____ No

If Yes, explain: _____

Have there been any other significant changes or events in your child's life? (family, death, moving, fire, etc.)

Yes No If Yes, describe: _____

Family History

Parents

With whom does the child live at this time? _____

Are parent's divorced or separated? _____

If Yes, who has legal custody? _____

Were the child's parents ever married? Yes No

Are both parents in agreement with counseling? Yes No Unknown

If a custody arrangement exists, please explain the arrangement: _____

If there is a legal custody arrangement for the child, a copy of the custody agreement must be submitted in order to treat the child in counseling

Client's Mother

Name: _____ Age: _____ Occupation: _____ FT PT

Where employed: _____ Work phone: _____

Is there anything notable, unusual or stressful about the child's relationship with the mother?

Yes No If Yes, please explain: _____

How is the child disciplined by the mother? _____

For what reasons is the child disciplined by the mother? _____

Client's Father

Name: _____ Age: _____ Occupation: _____ FT PT

Where employed: _____ Work phone: _____

Is there anything notable, unusual or stressful about the child's relationship with the father?

Yes No If Yes, please explain: _____

How is the child disciplined by the father? _____

For what reasons is the child disciplined by the father? _____

Step Parent (If Applicable)

Name: _____ Age: _____ Occupation: _____ FT PT

Where employed: _____ Work phone: _____

Is there anything notable, unusual or stressful about the child's relationship with the Stepparent?

Yes No If Yes, please explain: _____

How is the child disciplined by the stepparent? _____

For what reasons is the child disciplined by the stepparent? _____

Step Parent (If Applicable)

Name: _____ Age: _____ Occupation: _____ FT PT

Where employed: _____ Work phone: _____

Is there anything notable, unusual or stressful about the child's relationship with the Stepparent?

Yes No If Yes, please explain: _____

How is the child disciplined by the stepparent? _____

For what reasons is the child disciplined by the stepparent? _____

Client's Siblings and Others Who Live in the Household

| Names of Siblings | Age | Gender | | Lives | | Quality of relationship with the client | | |
|--------------------------------|-------|---|--------------------------|--------------------------|--------------------------|---|--------------------------|--------------------------|
| | | F | M | home | away | poor | average | good |
| _____ | _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| _____ | _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| _____ | _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| _____ | _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Others living in the household | | Relationship (e.g., cousin, foster child) | | | | | | |
| _____ | _____ | <input type="checkbox"/> | <input type="checkbox"/> | _____ | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| _____ | _____ | <input type="checkbox"/> | <input type="checkbox"/> | _____ | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Comments: _____

Family Health History

Have any of the following diseases occurred among the child's blood relatives? (parents, siblings, aunts, uncles or grandparents) Check those which apply:

- | | | |
|--|--|--|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Deafness | <input type="checkbox"/> Muscular Dystrophy |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Nervousness |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Glandular problems | <input type="checkbox"/> Perceptual motor disorder |
| <input type="checkbox"/> Bleeding tendency | <input type="checkbox"/> Heart diseases | <input type="checkbox"/> Mental Retardation |
| <input type="checkbox"/> Blindness | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Spinal Bifida |
| <input type="checkbox"/> Cerebral Palsy | <input type="checkbox"/> Mental illness | <input type="checkbox"/> Suicide |
| <input type="checkbox"/> Cleft lips | <input type="checkbox"/> Migraines | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Cleft palate | <input type="checkbox"/> Multiple sclerosis | _____ |

Childhood/Adolescent History

Pregnancy/Birth

Has the child's mother had any occurrences of miscarriages or stillborns? Yes No

If Yes, describe: _____

Mother's age at child's birth: _____ Father's age at child's birth: _____

Child number ___ of ___ total children.

While pregnant did the mother smoke? Yes No If Yes, what amount: _____

Did the mother use drugs or alcohol? Yes No If Yes, type/amount: _____

While pregnant, did the mother have any medical or emotional difficulties? (e.g., surgery, hypertension, medication) Yes No

If Yes, describe: _____

Baby's birth weight: _____ Baby's birth length: _____

Describe any physical or emotional complications during or after delivery: _____

Infancy/Toddlerhood Check all which apply:

- | | | | |
|--|---|--|---------------------------------------|
| <input type="checkbox"/> Breast fed | <input type="checkbox"/> Milk allergies | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Bottle fed | <input type="checkbox"/> Rashes | <input type="checkbox"/> Colic | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> Not cuddly | <input type="checkbox"/> Cried often | <input type="checkbox"/> Rarely cried | <input type="checkbox"/> Overactive |
| <input type="checkbox"/> Resisted solid food | <input type="checkbox"/> Trouble sleeping | <input type="checkbox"/> Irritable when awakened | <input type="checkbox"/> Lethargic |

Developmental History

Describe any notable delays or concerns regarding your child's physical, mental, social, or emotional development:

Issues that affected child's development (e.g., physical/sexual abuse, inadequate nutrition, neglect, etc.)

Education

Current school: _____ School phone number: _____
Type of school: Public Private Home schooled Other (specify): _____
Grade: _____ GPA: _____ Teacher: _____ School Counselor: _____
In special education? Yes No If Yes, describe: _____
In gifted program? Yes No If Yes, describe: _____
Has child ever been held back in school? Yes No If Yes, describe: _____
Have there been any recent changes in the child's grades? Yes No
If Yes, describe: _____
Has the child been tested psychologically? Yes No
If Yes, describe: _____
If an "IEP" exists, please explain: _____

Check the descriptions which specifically relate to your child.

Feelings about School Work:

Anxious Passive Enthusiastic Fearful
 Eager No expression Bored Rebellious
 Other (describe): _____

Approach to School Work:

Organized Industrious Responsible Interested
 Self-directed No initiative Refuses Does only what is expected
 Sloppy Disorganized Cooperative Doesn't complete assignments
 Other (describe): _____

Performance in School (Parent's Opinion):

Satisfactory Underachiever Overachiever
 Other (describe): _____

Child's Peer Relationships:

Spontaneous Follower Leader Difficulty making friends
 Makes friends easily Long-time friends Shares easily
 Other (describe): _____

Who handles responsibility for your child in the following areas?

School: Mother Father Shared Other (specify): _____
Health: Mother Father Shared Other (specify): _____
Problem behavior: Mother Father Shared Other (specify): _____

Leisure/Recreational/Work

Describe special areas of interest or hobbies or after-school work (e.g., art, books, crafts, physical fitness, sports, outdoor activities, church activities, walking, exercising, diet/health, hunting, fishing, bowling, school activities, scouts, etc.)

| Activity | How often now? | How often in the past? |
|----------|----------------|------------------------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Please describe any concerns about this subject:

_____ \

Medical/Physical Health

List any current health issues: _____

List any recent health or physical changes: _____

Name of Primary Care Physician: _____ Phone Number: _____

| Current prescribed medications | Dose | Dates | Purpose | Side effects |
|--------------------------------|-------|-------|---------|--------------|
| _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |

| Current over-the-counter meds | Dose | Dates | Purpose | Side effects |
|-------------------------------|-------|-------|---------|--------------|
| _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |

Nutrition

| Meal | How often (times per week) | Typical foods eaten | Typical amount eaten |
|-----------|-------------------------------|---------------------|---------------------------------|
| Breakfast | ___ / week | _____ | ___ No ___ Low ___ Med ___ High |
| Lunch | ___ / week | _____ | ___ No ___ Low ___ Med ___ High |
| Dinner | ___ / week | _____ | ___ No ___ Low ___ Med ___ High |
| Snacks | ___ / week | _____ | ___ No ___ Low ___ Med ___ High |

Comments: _____

Chemical Use History

Does the child/adolescent use or have a problem with alcohol or drugs? ___ Yes ___ No

If Yes, describe: _____

Counseling/Prior Treatment History

Information about child/adolescent (past and present):

| | Yes | No | When | Where | Reaction or overall experience |
|----------------------------------|-----|-----|-------|-------|--------------------------------|
| Counseling/Psychiatric treatment | ___ | ___ | _____ | _____ | _____ |
| Suicidal thoughts/attempts | ___ | ___ | _____ | _____ | _____ |
| Drug/alcohol treatment | ___ | ___ | _____ | _____ | _____ |
| Hospitalizations | ___ | ___ | _____ | _____ | _____ |

Behavioral/Emotional

Please check any of the following that are typical for your child:

- | | | |
|----------------------------|--------------------------|--------------------------|
| ___ Affectionate | ___ Frustrated easily | ___ Sad |
| ___ Aggressive | ___ Gambling | ___ Selfish |
| ___ Alcohol problems | ___ Generous | ___ Separation anxiety |
| ___ Angry | ___ Hallucinations | ___ Sets fires |
| ___ Anxiety | ___ Head banging | ___ Sexual addiction |
| ___ Attachment to dolls | ___ Heart problems | ___ Sexual acting out |
| ___ Avoids adults | ___ Hopelessness | ___ Shares |
| ___ Bedwetting | ___ Hurts animals | ___ Sick often |
| ___ Blinking, jerking | ___ Imaginary friends | ___ Short attention span |
| ___ Bizarre behavior | ___ Impulsive | ___ Shy, timid |
| ___ Bullies, threatens | ___ Irritable | ___ Sleeping problems |
| ___ Careless, reckless | ___ Lazy | ___ Slow moving |
| ___ Chest pains | ___ Learning problems | ___ Soiling |
| ___ Clumsy | ___ Lies frequently | ___ Speech problems |
| ___ Confident | ___ Listens to reason | ___ Steals |
| ___ Cooperative | ___ Loner | ___ Stomach aches |
| ___ Cyber addiction | ___ Low self-esteem | ___ Suicidal threats |
| ___ Defiant | ___ Messy | ___ Suicidal attempts |
| ___ Depression | ___ Moody | ___ Talks back |
| ___ Destructive | ___ Nightmares | ___ Teeth grinding |
| ___ Difficulty speaking | ___ Obedient | ___ Thumb sucking |
| ___ Dizziness | ___ Often sick | ___ Tics or twitching |
| ___ Drugs dependence | ___ Oppositional | ___ Unsafe behaviors |
| ___ Eating disorder | ___ Over active | ___ Unusual thinking |
| ___ Enthusiastic | ___ Overweight | ___ Weight loss |
| ___ Excessive masturbation | ___ Panic attacks | ___ Withdrawn |
| ___ Expects failure | ___ Phobias | ___ Worries excessively |
| ___ Fatigue | ___ Poor appetite | ___ Other: _____ |
| ___ Fearful | ___ Psychiatric problems | _____ |
| ___ Frequent injuries | ___ Quarrels | _____ |

How are problem behaviors generally handled? _____

What are the family's favorite activities? _____

What does the child/adolescent do with unstructured time? _____

Any additional information that you believe would assist us in understanding your child/adolescent?

Any additional information that would assist us in understanding current concerns or problems?

Appointment Reminders and Online Appointment Scheduling

You can receive an appointment reminder to email, cell phone text, or home phone a day before your appointment.

You can also schedule online at any time. Once your account is established, you simply visit

www.therapyappointment.com. If you want to utilize this service, please complete the following:

Requested Login Name: _____ Requested Password: _____

Your Email address: _____ @ _____

Your Cell Phone Number: _____ - _____ - _____. Your service carrier: _____

Where would you like to receive appointment reminders? (check one)

_____ via a text message (normal text message rates will apply)

_____ via an email message

_____ via an automated telephone message to my home phone

_____ None of the above. I'll remember my appointments on my own. (missed appointment fees will still apply.)

Appointment information is considered to be "protected health information" under HIPAA. By my signature, I am waiving my right to keep this information completely private, and requesting that it be handled as I have noted above.

Signature

Date

